

## Clipper : Personal Kit List

Our boat has a 20kg weight limit for everything except : Sailing Boots, Foulies, Dry Suit and Sleeping Bag.

After my legs I will update this list and add comments!!

	Item	Quantity	Manufacturer	Comments
<b>Sailing</b>	Clipper Foulies Top	1	Henri Lloyd	Provided by Clipper as part of training charge
	Clipper Foulies Salopettes	1	Henri Lloyd	Provided by Clipper as part of training charge
	Clipper Red Wind Jacket	1	Henri Lloyd	Provided by Clipper as part of training charge
	Clipper Sailing Jacket	1	Henri Lloyd	Provided by Clipper as part of training charge
	Clipper Sailing Cap	1	Henri Lloyd	Provided by Clipper as part of training charge
	Clipper Sailing Beanie	1	Henri Lloyd	Provided by Clipper as part of training charge
	Fleece Hat with Ear Flaps	1	Musto	Essential for the colder legs
	Wide Brim Sailing Hat	1	Walloo	With chin strap
	Neck Buffs	2	Clipper & Icebreaker	Light one (Clipper) and warm one
	Long trousers	2	Musto/Henri Lloyd	Make sure they are quick drying
	Belt with a good buckle	1	Under Armour	
	Shorts	2	Henri Lloyd	Padded bum is a must for the hot legs!
	Mid Layer top & salopettes	1	Henri Lloyd	
	Sailing Boots	1	Le Chateau	
	Sailing Shoes	1	Henri Lloyd	
	Base Layer Vest – Long Sleeves	2	Mountain Warehouse	Extreme - Merino Thermals
	Base Layer Long Johns	2	Mountain Warehouse	Extreme - Merino Thermals
	Base Layer Crew Neck L Sleeves	1	Under Armour	
	Dry Suit	1	Typhoon	
	Sailing Gloves – Fingerless	1	Musto	
	Sailing Gloves – Full Hand	1	Sealskinz	
	Ice Packers Gloves	1	Amazon	For Helming on the colder legs
	Sealskinz Full Length Socks	1	Sealskinz	
	Ski Socks – Full Length	2		
	Under socks	2		Merino
	Underwear	3		
	Lightweight T Shirt	2		Quick drying
	Lightweight Golf Shirt	2		Quick drying
	Water bottle	1		Frequent intake of fluids is essential/mandatory!

<b>Sponsor</b>	HotelPlanner.com Orange Fleece	1	Henri Lloyd	
	HotelPlanner.com Polo Shirt	1	Henri Lloyd	
	HotelPlanner.com Cap	1	Henri Lloyd	
<b>Personal</b>	Sunglasses	2		Cheapo as they are vulnerable!
	Sunglasses strap	1		
	Reading Glasses	1		
	iPad Mini with Protective Case	1		Loaded with Audible Books!
	Power Pack	1		
	USB Stick	1		64gb - to store all your photographs on!
	iPhone	1		With waterproof case
	USB Charging Cables	4		Take spares!
	USB 13amp Plug	1		
	Ear Phones	1		Noise cancelling if feeling rich!
	USB Fan & Charging Cable	1		Your best friend on the hotter legs
	Sleeping Bag	1	Ocean Sleepwear	3 Layer bag
	Silk Sleeping Bag Liner	1		Essential to protect the main sleeping bag
	Inflatable Pillow	1	Amazon	
	Pillow Case	1	Ocean Sleepware	
	Mattress Cover	1	Home Made	Personal mattress cover for hygiene
	Sailing Watch	1	Casio SGW-100	With internal backlight – very useful to check time at night
	Waterproof Camera	1	Old Shark W/P Camera	With handgrip – USB Charger
	Ear Plugs			
<b>Hygiene</b>	Sun Cream			Factor 50 only!
	Fibre, quick dry, towel	1		
	Wet Wipes	1 pck		Will need to replenish at stopovers
	Roll-on Deodorant	1		Spray deodorant is banned!
	Toothbrush & Toothpaste			
	Toothpicks	Loads		
	Personal Meds	x Months		Battle with your GP to get enough supplies
	Seasick Tablets			
	Rehydration Powders			
	Multi Vitamins			
	Lip Balm			
	Clothes Pegs	2 – 3	The Wife	Drying stuff – well, trying to!
	Nail Scissors	1		

<b>Safety Kit</b>	Sailing Knife	1	Gill	Must be able to open it one handed
	Head Light	2	Vansky - Amazon	Red & White Lights, take 2 as easily lost. USB Rechargeable
<b>Luggage etc</b>	Overboard 110l	1	Overboard	For Flights
	Overboard 80l	1	Overboard	For Flights
	Overboard 20l	2	Overboard	For the Boat
	Overboard 5l	1	Overboard	For stuff you need at night by your bunk
	Large Vacuum Bags	2		To reduce volume when travelling
	Ziploc Bags	20	Amazon	To pack EVERYTHING to keep it dry - Various sizes
	Waterproof A4 Document Holder	1	InnoBase - Amazon	Tickets, reservations passport et al
	Back Pack	1	Clipper	Folds up v small – for use in port
	Heavy Duty Plastic Bags	3	Tesco	Protect stuff from condensation
	1m Bungie Cord	1		Hang over bunk for easy access to everyday stuff
	Carabiners	4		For use with the bungie
<b>Misc.</b>	Iron-on name tags	Loads	Internet	Stuff goes walkies! Label EVERYTHING!!!
	Sailing Log Book	1		To get
<b>Stopover</b>	Polo Shirt	1		
	Sleeping Shorts	1		
	Swimming trunks	1		
	Flip-flops	1		
	Razor & Charger	1		
	Shampoo, soap			